

Easy Dinner Ideas for the Busy Mom

Make planning easy!

Easy Crockpot Meals

Daily Dinner Themes (like Taco Tuesday, Spaghetti Sunday)

Prep your dinners (like lasagna) and freeze in advance

Pick up an already-made dinner on the way home from co-op or sports!

Eat left-overs one night!

Mondays: Mexican

Tacos, Burritos, Enchiladas, Taco Soup, chips and salsa, taco dip.

Tuesdays: Soup & Sandwiches

tomato soup and toasted cheese or toasted peanut butter sandwiches

crock pot chilli, crackers

tuna fish sandwiches

favorite crock pot soup and club sandwiches

Wednesdays: Chinese

rice (in rice cooker if you have one), chicken and mixed veggies

egg rolls

Thursdays: Italian

spaghetti (meatballs, optional), garlic bread and salad

lasagna, chicken alfredo

Fridays: Family Night

pizza, cut veggies and ranch dip

pizza rolls, cheesy bread, stromboli or calzones

